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The Keeper: A Life Of Saving Goals And Achieving Them



Synopsis

In this inspiring, down-to-earth memoir the revered goalkeeper and American icon— idolized by millions worldwide for his dependability, daring, and humility recounts his rise to stardom at the 2014 World Cup, the psychological and professional challenges he has faced, and the enduring faith that has sustained him. In *The Keeper*, the man who electrified the world with his amazing performance in Brazil does something he would never do on a soccer field: he drops his guard. As fiercely protective about his privacy as he is guarding the goal on the field, Howard opens up for the first time about how a hyperactive kid from New Jersey with Tourette's syndrome defied the odds to become one of the world's premier goalkeepers. *The Keeper* recalls his childhood, being raised by a single mother who instilled in him a love of sports and a devout Christian faith that helped him cope when he was diagnosed with Tourette's in the fifth grade. He looks back over his fifteen-year professional career—from becoming the youngest player to win MLS Goalkeeper of the Year to his storied move to the English Premier League with Manchester United and his current team, Liverpool's Everton, to becoming an overnight star after his record-making performance with the United States Men's National Team. He also talks about the things closest to his heart—the importance of family and the Christian beliefs that guide him. Told in his thoughtful and articulate voice, *The Keeper* is an illuminating look at a remarkable man who is an inspirational role model for all of us. *The Keeper* is illustrated with two 8-page color photo inserts.

Book Information

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Customer Reviews

Some reviews are critical of the use of sports jargon in the book. To that I say this is an

AUTO-biographical work written by an athlete. As to the narrative itself, it is honest and inspirational. I've been a Tim Howard fan since his Metrostars days. I remember the pride of learning a US soccer player had been picked up by Manchester United (the New York Yankees of soccer). I watched all 15 saves in the 2014 World Cup, and doubt I will ever get over that loss. With all that said, I picked up this book mostly curious as to how Howard had suffered from and managed his Tourette's Syndrome. Simply put, I'm now more impressed with the man than the goalkeeper. Great read. I literally couldn't put my Kindle down and now I really need to get to bed.

A beautiful blend of transparency and humility. Tim Howard's story is one for all American soccer fans- beautiful insight from his greatest struggle to his rise to fame. The best part being his honest account of his struggles with TS, his fears of failure, and his realization that his marriage had ended. What an endearing ending, which looks to be really the beginning of the best years of his life. Bravo!

Fantastic read for US soccer fans. Not only do you get a look at some great moments in US soccer history, but also some behind the scene moments that are just chilling if you've followed the team. I learned a bit about TS when there is so little information out there. Growing up amongst your peers is hard enough. What Tim and all those that suffer from TS is heart wrenching and inspiring at the same time. Big bonus to hear Tim loves God! Read this book

"The Keeper - A Life of Savings Goals and Achieving Them" (2014 publication; 318 pages) is the memoir from US soccer goalie Tim Howard, who made World Cup history last summer when he made a WC record 15 saves in that epic Round of 16 elimination match against Belgium (more on that later). Not unpredictably, the book is structured in four parts which all start off with a reflection on that game against Belgium (Pregame; Warning Shots; Nothing Gets Through; Still Alive). Otherwise it is a straight-forward, chronological memoir, from his early days in New Jersey (or "Jersey" as he calls it), rising through the ranks in the US, to then break through as a 24 yr. old in the English Premier League. Frankly, he has been at Everton for so many years that I had forgotten he actually started out his first 3 seasons in the EPL at Man United. As to the book itself, this is very easy and quick reading. Even though it's a bit over 300 pages, I blew through this in a single afternoon recently (while having EPL games on the telly). As to Tim's comments on the Belgium game, he says time and again "I believe that we will win", and certainly his performance isn't the reason why ultimately Team USA did not beat Belgium. Being a dual citizen of both Belgium (where I grew up) and the US (where I've lived 30+ years), you can only imagine how conflicted my feelings

were about this game. In the end, the most important thing is that this was probably the most entertaining match of last year's entire World Cup, where each team gave their all, and then some. I look forward to having Tim Howard be the goalkeeper for Team USA for a few more years, maybe even to the next WC. If you are a football fan (and you know who you are), you will enjoy this book from start to finish.

If you are considering reading this book, stop considering and read it! Fast and well written this captures the life of Howard from his poor but rich upbringing, to his soccer discovery, to the heights of Man U, to family man and to ultimate glory as he inspires a nation to watch soccer with the rest of the world. I have the pleasure of knowing his in laws and met Tim As his brother in law arranged for tickets to a USA-Mexico match in Estadio Azteca in 2009. An experience like that will hook you on the drama of the USA soccer teams and it's the only soccer I follow. There are many things in this book I can tell you, but READ THE BOOK! It's fast and enjoyable and shows you a great American's life doing what he enjoys but at a high level and always taking pride in representing the U.S. of A.

My family and I saw Tim Howard do his record-setting 16 saves in the World Cup game vs Belgium. We have been fans since. I decided to give this book to my husband for father's day and it is a great read. Easy, casual language and could not put this book down. How inspiring to see that a difficult and challenging life resulted in such a spectacular athlete. I am an even bigger Tim Howard fan now.

What an inspiring book! Tim Howard has managed to write about his life, explain his struggles with TS, and do it without the ego you would expect from such a great keeper. I enjoyed every minute of the book.

Good interesting read. I never knew he had Tourette's and was intrigued on how he overcame the stigma and felt it helped his career. I was also impressed how he has maintained a good relationship with his kids and also his ex spouse. Not a great literary work but it is not intended to be. I am using this as a summer reading assignment for soccer players at the school I teach at

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